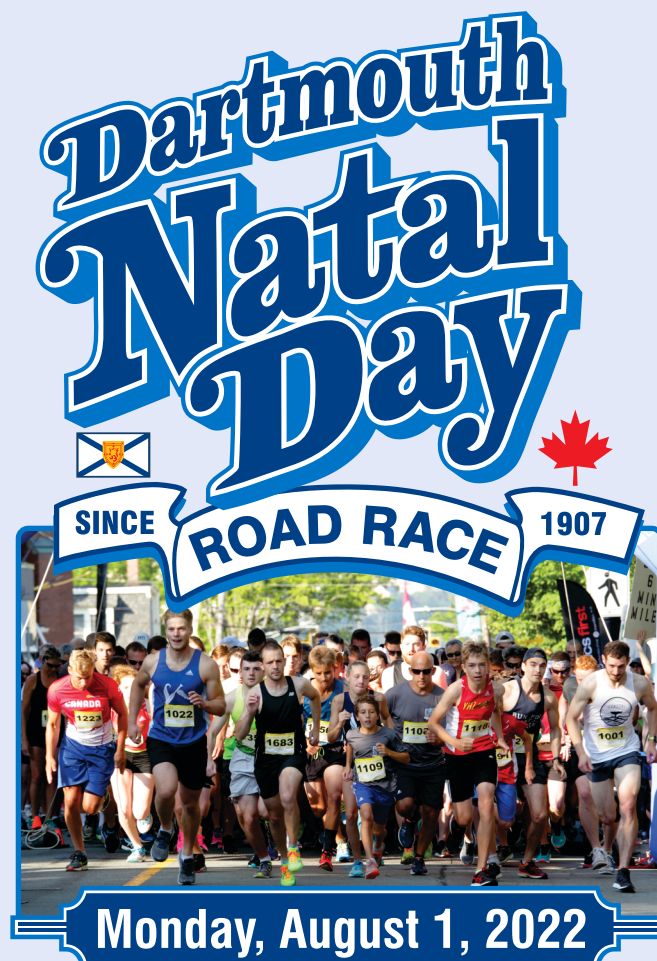


## RACE SUPPORTERS



Presented By:



[www.fastcompanyrunningclub.ca](http://www.fastcompanyrunningclub.ca)



**Race Start and Finish Location** Ochterloney Street (by Christ Church)

**Monday August 1, 2022 8:00 AM**

## Registration - 3 Ways to Register

- 1** Register online (until Saturday, July 30, 11:00 PM) at:  
<https://raceroster.com/events/2022/60351/dartmouth-natal-day-road-races-2022>
- 2** Print Registration form from the Fast Company Running Club Website and Mail or Drop off to: Fast Company Running Club - 54 Slayter Street, Dartmouth, NS B3A 2A3
- 3** Walk In: Sunday, July 31st 3:00-6:00 pm Christ Church.  
There will be No Registration on Race day, August 1st.

**Pre-Registration: \$20 for Adults / \$15 for RNS members / Free for youth (17 & under)**

**Walk In Registration: \$25 for Adults and \$5 for Youth**

## Bag Check

Available race morning - Church Hall

## Awards Reception Location

Church Hall, starting at 9:00 AM

- 5.4 Miler - 1st/2nd/3rd in Junior Open and All Masters Categories
- 1.8 Miler - 1st/2nd/3rd in all Youth Age Groups, Open and All Master Categories

**Both Races are RNS Series Events**

## Course Description

Course Map Available Online at:  
[www.fastcompanyrunningclub.ca](http://www.fastcompanyrunningclub.ca)

### 1.8 Mile

One Loop around downtown Dartmouth

### 5.4 Mile Race

Three Loops around downtown Dartmouth

**Shirts for the first 600 adult registrations. Youth shirts available for \$10**

## COURSE RECORDS

6 Mile:

Robert Englehutt 1982 29:39:3

Denise Robson 2006 33:21

2 Mile:

Jim Naugler 1972 8:47

Teresa Brideau 1987 11:12

Both Pam Currie-Yarr & Robert Englehutt are 8-time winners of the Dartmouth Natal Day 6 Mile Race.

## SUNDAY GROUP RUNS

9:00 AM

from Zatzman Sportsplex Parking Lot,  
110 Wyse Road, Dartmouth

# RUN

Fast Company Running Club meets every Sunday for a relaxed group run around the lakes and parks of Dartmouth. Runners of ALL Abilities Welcome!